

## Just Ask Him!

Matthew 7:9

“Which of you, if his son asks for bread, will give him a stone?”



Oftentimes my prayer is simply “God, help me.”

Don’t be afraid to ask, or embarrassed. God is concerned about you, and wants to help.

Just remember, the help may not look the way you expected it to.

I remember when my older son was a rambunctious toddler, on a particular day I was feeling overwhelmed. I went in the bathroom (as mothers do to get away for a moment!) and asked God for help. I clearly “heard” the suggestion that I should box up some clothes my boy had outgrown. I thought this was crazy, and if anything, counterproductive. I wondered if it was just my conscience nagging me about the task. But I gave it a try. It didn’t take long to get started, using the smallish boxes I had handy. Then my small boy kept himself busy for quite a while stacking and unstacking the filled boxes! It was exactly what I needed!

*God, help me! Thank you, God! Amen!*

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