

April 19, 2020

## **The Resurrected Jesus Comforts Troubled Hearts Luke 24:13-49**

Opening Hymn: What a Friend We Have in Jesus

View or print the music which includes lyrics, or turn to #526 if you have a United Methodist Hymnal.

If singing with the recording provided, recording has 2 verses, lyrics have 3. I recommend listening to the recording twice: the first time through the song, just listen, the second time sing verse 1, then play again for verses 2-3.

The Resurrected Jesus Comforts Troubled Hearts

Luke 24:13-49

Sermon Notes – Pastor Marvin Singh

I have divided this passage into three sections.

Dr. Luke describes the conversation of Jesus with two disciples – Cleopas and his companion – as they walk to Emmaus, at the home of a disciple at Emmaus, and then with the twelve disciples in Jerusalem.

1. Road to Emmaus
2. Home in Emmaus
3. Home in Jerusalem

### **1. Road to Emmaus**

\* Cleopas and his fellow disciples were discussing and debating the death of their Master and Lord, with whom they have spent over three years. They were in great shock, deep sorrow and gripped with fear and uncertainty, dejected and disheartened and grieving.

\* A stranger joined their company. They did not notice the resemblance between a stranger and their beloved Lord of whom they were thinking and speaking.

Vs. 16; ‘Something prevented them from recognizing him’ (Phillips translation). We will discuss this “something” in a short while.

\* What was the motive of the Lord to walk along with them in their sorrowful and sad journey?

A. ***To comfort and encourage them*** as per his recent promise given to them. We find it in Mathew 18:20.

***“For where two or three come together in my name, there I am with them.”***

When we talk about the Lord, he joins us not when we gossip about others.

\* Let us talk about somethings which prevents us from recognizing his presence with us:

- Sorrow, heavier heart, so engrossed with their own sad and **inward** thoughts that they had no eyes for **outward** view.

People have sadness, bereavement, caused by mental perplexity, shattered career, conscience, want of objects in life.

So the first lesson we learn about being comforted is that he joins in our sorrow, pain and suffering.

B. ***The second way to encourage and comfort them was to allow them to speak or share their grief and sorrow.***

Ask and learn from counselors how they deal with their clients. Their primary task is to let out what has gripped the heart of their clients. They listen. They give ear and attention to them about what is going on in their mind. When we speak of our sorrow, or let out our feelings, emotions, we feel light.

Jesus purposely encouraged them to express ‘what rumor and confusion?’ They were confused with the statements of the women in their company:

a. They went to the tomb to find his body but failed to see it there.

b. They saw a vision of angels, who told them that He is alive, but they did not see Him.

We sing this song often, ‘What a Friend We Have in Jesus’ written by Joseph Scriven in 1855

What a friend we have in Jesus, all our sins and griefs to bear!  
What a privilege to carry everything to God in prayer!  
O what peace we often forfeit, O What needless pain we bear,  
All because we do not carry everything to God in prayer!

Are we weak and heavy laden, cumbered with a load of care?  
Precious Savior, still our refuge; take it to the Lord in prayer!  
Do thy friends despise, forsake thee? Take it to the Lord in prayer!  
In his arms he'll take and shield thee, thou wilt find a solace there.

C. The third source of comfort comes with a small rebuke – How ignorant and slow to understand the very statement which was revealed in the scripture as well as stated by their Lord himself.

It is scripture which comforts us.

He began to explain concerning Himself through the scriptures.

a. He began with Genesis 3:15, ***‘The seed of a woman who would inflict a deadly wound on the serpent, yet he Himself would be wounded.’***

b. The type of brass serpent in Numbers 21:9; John 3:14, ***“Just as Moses lifted up the snake in the desert so the Son of Man must be lifted up.”***

c. The Paschal lamb – Exodus 14:46; John 19:36-37, ***“These things happened so that the scripture would be fulfilled: ‘Not one of his bones will be broken.’ And, as another scripture says, ‘They will look on the one they have pierced.’*** Isaiah 53 was the central scripture which he expounded.

d. The Psalms of Crucifixion – Psalms 22 & 40, Matthew 27:46; ***“About the ninth hour Jesus cried out with loud voice, ‘Eloi, Eloi, lama sabachthani’ which means ‘My God, my God, why have you forsaken me?’***

Mark 14:24, ***“And they crucified him. Dividing up his clothes, they cast lots to see what each would get.”***

e. Daniel 9:26, The Book of Jonah, and Zechariah 12:10; 13:7  
Zechariah 12:10, *“And I will pour out on the house of David and the inhabitants of Jerusalem a spirit of grace and supplication. They will look upon me, the one they have pierced, and they will mourn for him as one mourns for an only child, and grieve bitterly for him as one grieves for a first born son.”*

After going through the scriptures, they still did not understand.  
Now to village limits of Emmaus they have come. The evening lights were on.

What next?

Jesus was not forcing himself to self-invite, he was waiting for the invitation.

The two disciples urged the stranger strongly to come and stay with them. Jesus gladly accepted their invitation.

## **2. Home in Emmaus**

A. Talk at the table.

He took the bread gave thanks, broke it, and began to give it to them.

THEIR EYES WERE OPENED.

They recognized their Master and Lord. He is not a stranger anymore.

They saw his hands. They recognized the communion.

So how does the Lord comfort his disciples?

First by joining them.

By encouraging and listening to them express their feelings and sorrows.

Then opens the scriptures regarding himself.

Now through the Communion ‘He said’ Do this remembrance of me”

B. The Disciples response – Were not our hearts burning within us while He talked with us?

The disciples in the night itself went back to city of Jerusalem. They were so charged and glad to share with the other disciples what they have experienced – the risen Christ.

### **3. Home in Jerusalem, with the Twelve**

They were still talking about Jesus and he appeared to them and said “PEACE BE WITH YOU.”

Reaction – they were startled, frightened.

Their physical eyes were opened but their minds were closed. Just the opposite of Cleopas his companion. On the road to Emmaus, their minds were opened but eyes were closed.

They are seeing and yet not believing their eyes.

Many times we have heard this statement, “I can’t believe it.”

They could not believe their own eyes. It is a ghost.

Jesus responded very gently, let me clear your doubt and fear.

a. Look at my hands and my feet – yet they did not believe him – because of joy and amazement. We have done the same thing many times.

b. ‘Do you have anything to eat?’

They gave him a piece of broiled fish.

And he took and ate it in their presence.

c. He repeated and explained through the Scriptures, as he did with Cleopas and his companion.

vs. 45. Then he opened their minds so they could understand the scriptures.

Then he commissioned them to be his witness – led them out to the vicinity of Bethany and ascended into heaven.

Empowered them – “Wait in Jerusalem till you are endued with the power of the Holy Spirit.”

We have learned that The Living and the Resurrected Christ is with us and comforts us.

Trust and Obey #467

Closing Hymn: Trust and Obey

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